

THEME: Exercise & Rehabilitation	5:00 CDT (US)	Keynote: Evaluation of MoveMore - a UK-wide community exercise programme for anyone affected by cancer. Anna Campbell (CanRehab; Edinburgh Napier University)
	5:30 CDT (US)	Exercise training during chemotherapy preserves skeletal muscle fiber area, capillarization, and mitochondrial content in patients with breast cancer. Sara Mijwel (Karolinska Institutet)
	5:45 CDT (US)	One single high-intensity exercise session reduces tumour hypoxia in mice. Simon Loenbro (Aarhus University)
	6:00 CDT (US)	Effect of rehabilitation on health-related quality of life (HRQoL) in oncology patients undergoing radiation therapy using Functional Assessment of Chronic Illness Therapy (FACIT) Questionnaire. Jaini Patel (Sir. H.N. Reliance Foundation Hospital)
	6:15 CDT (US)	Effects of high-intensity aerobic interval training on cardiovascular disease risk and fatigue in testicular cancer survivors: The HIITTS trial. Scott Adams (University of Toronto)
	6:30 CDT (US)	Effect of comprehensive rehabilitation on physical capacity in patients receiving radiation therapy. Aashish Contractor (Sir. H.N. Reliance Foundation Hospital)
	6:45 CDT (US)	Environments associated with moderate-to-vigorous physical activity in breast cancer survivors in Nova Scotia, Canada. Cynthia Forbes (University of Hull)
THEME: Physical Activity & Sedentary Behaviours	7:00 CDT (US)	Systematic review and meta-analysis of broad-reach physical activity interventions for cancer survivors (2013-2018): We still haven't found what we're looking for. Wim Groen (Netherlands Cancer Institute)
	7:15 CDT (US)	Changes in light-, moderate-, and vigorous-intensity physical activity and changes in depressive symptoms in breast cancer survivors: a prospective observational study. Ben Sylvester (University of Toronto)
	7:30 CDT (US)	Exercise is more effective than health education in reducing fatigue in fatigued cancer survivors. Patricia Sheehan (Waterford Institute of Technology)
	7:45 CDT (US)	Motivational interviewing to increase physical activity behaviour in breast, endometrial and colorectal cancer patients in the Grand-Duchy of Luxembourg: an ongoing pilot randomized controlled trial. Alexis Lion (Luxemburg Institute of Health)
	8:00 CDT (US)	Keynote: Exercise prescription for women with breast cancer post-adjuvant therapy. Ian Lahart (University of Wolverhampton)
	8:30 CDT (US)	Home-based reduced sedentary time intervention for breast cancer survivors: a feasibility study. Rachel Walker (University of Massachusetts Amherst)
	8:45 CDT (US)	The role of sedentary behaviour and the rise of young adult colorectal cancer. Ann Marie Moraitis (University of Massachusetts Amherst)
	9:00 CDT (US)	Reallocation of sedentary time with physical activity and sleep: Associations with quality of life in Kidney cancer survivors. Allyson Tabaczynski
Theme: The 'Real World'	9:15 CDT (US)	An Alberta Cancer Exercise Program for lung cancer survivors. Adrijana D'Silva (University of Calgary)
	9:30 CDT (US)	Clinical pathway improves implementation of evidence-based strategies for the management of androgen deprivation therapy-induced side effects in men with prostate cancer. Renee Bultjink (Ghent University Hospital)

	9:45 CDT (US)	BUILD - Functional fitness for cancer survivors. Sami Mansfield (Cancer Wellness for Life)
	10:00 CDT (US)	Description of a clinically implemented cancer exercise program at the University of Colorado Cancer Centre. Ian Moran (University of Colorado Denver)
	10:15 CDT (US)	A "real world" example of research to practice in exercise oncology: Case study of a colorectal cancer patient. Ayesha Koome (Treolar Physiotherapy Cancer Recovery Program)
	10:30 CDT (US)	Self-measured arm circumference in breast cancer is reliable and valid. Bolette Rafn (University of British Columbia)
	10:45 CDT (US)	Keynote: Making it up as you go along. Liz O’Riordan
THEME: Exercise in Understudied Populations	11:15 CDT (US)	Personalised and progressive neuromuscular electrical stimulation (NMES) in patients with cancer - a clinical case series. Dominic O’Connor (University College Dublin)
	11:30 CDT (US)	The effect of a novel lifestyle intervention on individuals across the full testicular cancer treatment spectrum. Sam Olden (Clinical Prevention and Rehabilitation Ltd)
	11:45 CDT (US)	Psychosocial interventions to increase physical activity in children and young people living with and beyond cancer: a systematic review. Ainslea Cross (University of Derby)
	12:00 CDT (US)	Assessment of quality of life and physical activity among breast cancer survivors in Latin America. Irene Tami-Maury (University of Texas MD Anderson Cancer Center)
	12:15 CDT (US)	Exploring the anti-tumour effects of exercise in monoclonal gammopathy of undetermined significance and smouldering multiple myeloma: a pilot trial protocol. Annabelle Emery (University of Bath)
	12:30 CDT (US)	Factors influencing people's ability to maintain their activity levels during treatment for soft tissue sarcoma - a qualitative study. Sarah Dewhurst
	12:45 CDT (US)	Exercise in advanced stage lung cancer. Morten Quist (University Hospital of Copenhagen)
THEME: Clinical implications: Safety, exercise prescription, & impact	13:00 CDT (US)	Keynote: From mouse to man: pre-clinical exercise oncology shape rational treatment strategies. Alison Betof-Warner (Memorial Sloan Kettering Center)
	13:30 CDT (US)	The level of physical activity before and after lymphoma diagnosis impacts overall and lymphoma-specific survival. Priyanka Pophali (Mayo Clinic)
	13:45 CDT (US)	Physical activity improves immune function during critical post-treatment period after breast cancer diagnosis. Cathi Sabiston (University of Toronto)
	14:00 CDT (US)	Acute exercise and diet intervention for protecting healthy cells and sensitizing cancer cells in metastatic breast cancer. Amy Kirkham (University of Alberta)
	14:15 CDT (US)	A tool to manage exercise risk and access in people with cancer. Daniel Santa Mina (University of Toronto/Princess Margaret Cancer Centre)
	14:30 CDT (US)	Physical activity is associated with improved quality of life and functional fitness among patients receiving preoperative therapy for pancreatic cancer. Nathan Parker (University of Texas MD Anderson Cancer Center)

THEME: Translatable Research: Implementation & Design	14:45 CDT (US)	Exploring the associations between daily glucose dynamics and cancer risk-related biomarkers in overweight and obese adults. Yue Liao (University of Texas MD Anderson Cancer Center)
	15:00 CDT (US)	Keynote: How individualized does specific exercise have to be in order to be beneficial? Kristin Campbell (University of British Columbia)
	15:30 CDT (US)	Interactive Q&A - Hot topics in exercise oncology
	15:45 CDT (US)	Post-exertional malaise in people with cancer-related fatigue: a brief overview. Rosie Twomey (University of Calgary)
	16:00 CDT (US)	Effects of high-intensity exercise on cardiovascular health in men with metastatic castrate-resistant prostate cancer: a sub-study protocol. Natalie Vear (The University of Queensland)
	16:15 CDT (US)	"Chemotherapy-periodized" aerobic exercise for women with breast cancer: A novel exercise prescription to account for fluctuation in patient-reported fatigue. Kelcey Bland (Australian Catholic University)
	16:30 CDT (US)	Development of a sustainable community-based wellness program for men living with prostate cancer: TrueNTH Lifestyle Management. Nicole Culos-Reed (University of Calgary)
	16:45 CDT (US)	Testing the feasibility of a web application for reducing sedentary behaviour among prostate cancer survivors receiving androgen deprivation therapy. Linda Trinh (University of Toronto)
	17:00 CDT (US)	Motivational interviewing added to oncology rehabilitation did not improve moderate-intensity physical activity in cancer survivors: a randomised trial. Amy Dennett (LaTrobe University)
	17:15 CDT (US)	Keynote: Exercise after cancer - translating research into practice (models of care and examples). Karen Basen-Engquist (University of Texas MD Anderson Cancer Center)
	17:45 CDT (US)	Moving evidence into practice: Examples of sustainable community programs. Nicole Culos-Reed (University of Calgary)
	18:00 CDT (US)	Lipstick, laughter and movement - how to create a community-level group oncology exercise program for previously sedentary women. Jenn Edgecombe
	18:15 CDT (US)	Development of an online portal for lifestyle management geared towards the needs of men living with prostate cancer. Mike Dew (University of Calgary)
	18:30 CDT (US)	Implementing a tailored text-messaging intervention to increase physical activity and reduce sedentary behaviour in cancer survivors. Kylie Maguire
THEME: Perspectives on Physical activity	18:45 CDT (US)	All in: A qualitative evaluation of testicular cancer survivors' preferences for novel supportive care programming with clinical and sport stakeholder perspectives. Roxy Helliker O'Rourke (University of Toronto)
	19:00 CDT (US)	Is it time to play? An examination of the sport and supportive care needs and preferences of testicular cancer survivors. Anika Petrella (University of Toronto)
	19:15 CDT (US)	A qualitative analysis of oncology clinicians' perceptions and barriers for physical activity counselling in breast cancer survivors. Angela Fong (Queen's University)
	19:30 CDT (US)	Physical activity for advanced cancer patients: exploring feasibility and the participant experience. Natalia Albinati

	19:45 CDT (US)	Haematologists' views of physical activity and exercise for patients with Multiple Myeloma. Jennifer Nicol (University of Queensland)
THEME: Side Effects of Treatment & Exercise	20:00 CDT (US)	Longitudinal observation of objective neuropsychological performance changes in people treated with adjuvant 5FU/oxaliplatin chemotherapy for colon cancer: pilot study findings. Stanley Hung (University of British Columbia)
	20:15 CDT (US)	Effects of exercise intensity on the acute blood biomarker response and colon cancer cell growth in vitro: A study protocol. Marika Carr (The University of Queensland)
	20:30 CDT (US)	Feasibility and safety of supervised exercise targeting spinal bone metastases in advanced prostate cancer patients with sclerotic lesions. Nicolas Hart (Edith Cowan University)
	20:45 CDT (US)	Exercise medicine is the new radiotherapy adjunct - when co-located and timetabled with treatment. Mary Kennedy (Edith Cowan University)
	21:00 CDT (US)	Keynote: Potential of exercise to unmask and combat cardiotoxicity in cancer survivors. Erin Howden (Baker Institute)
	21:30 CDT (US)	Is exercise a sufficient stimulus to overcome cancer-related bone loss? Grace Atkinson (The University of Queensland)
	21:45 CDT (US)	Rehabilitation exercises during radiotherapy improves quality of life (QOL) in breast cancer patients. Prasad Dandeleer (Sir H.N. Reliance Foundation Hospital)
	22:00 CDT (US)	The impact of exercise intensity on the analgesic effect of exercise in cancer survivors. Brianna Clifford (University of New South Wales)
THEME: Physical activity maintenance & support	22:15 CDT (US)	Children surviving cancer: how physically active and fit are they? David Mizrahi (University of New South Wales)
	22:30 CDT (US)	Effectiveness and feasibility of a Fitbit-based intervention to support physical activity maintenance in women with stage II+ breast cancer: a randomized controlled trial. Ben Singh (Queensland Institute of Technology)
	22:45 CDT (US)	The influence of peer support to improve long-term exercise adherence and health beyond a short-term supervised exercise intervention in cancer survivors: Study Protocol. Chloe Salisbury (The University of Queensland)
	23:00 CDT (US)	A tailored eHealth guidance and exercise prescription tool for men with metastatic prostate cancer: A protocol for feasibility, safety and usability testing. Holly Evans (University of Adelaide)
	23:15 CDT (US)	Is physical activity maintained after an exercise intervention in people diagnosed with cancer? A systematic review. Tina Skinner (The University of Queensland)
	23:30 CDT (US)	What happens when the supervised exercise programs stop? A 12-month follow-up study of the OptiTrain RCT for women with breast cancer undergoing chemotherapy. Kate Bolam (Karolinska Institutet)